

## SECOND STEP PROGRAM

R.H. Dana is dedicated to meeting your students' academic needs and social-emotion well-being. Recently, the district invested in a universal, classroom-based program called "Second Step". This research-based program is designed to teach students how to understand and manage their emotions, control their reactions, be aware of other's feeling, and have the skills to problem-solve and make responsible decisions. Throughout the school year each grade level will receive *six*, developmentally appropriate, Second Step classroom lessons. Following each lesson, students will bring home a 'Home Links' worksheet. 'Home Links' are simple, fun activities for you and your child to complete together, and understand what your child is learning.

To watch videos about the Second Step program and get information about what your student is learning, join [www.SecondStep.org](http://www.SecondStep.org) with the access key pertaining to your child's grade level:

### Activation Keys

Kindergarten – **SSPK FAMI LY70**

1st Grade - **SSP1 FAMI LY71**

2<sup>nd</sup> Grade- **SSP2 FAMI LY72**

3rd Grade – **SSP3 FAMI LY73**

4th Grade – **SSP4 FAMI LY74**

5<sup>th</sup> Grade – **SSP5 FAMI LY75**

For more information, feel free to contact our school counselor Mrs. Ketelsleger at [mdketelselger@capousd.org](mailto:mdketelselger@capousd.org).